

McDONALD'S NUTRITION INFORMATION*

Menu item	Energy (kCal)	Protein (g)	Total fat (g)	Carbohydrate (g)
Non-Veg. Options				
Chicken Maharaja Mac	488	21.2	22.6	50.4
McChicken™	416	15.3	21.4	40.8
Filet-O-Fish	362	13.8	17.7	37.3
Chicken McGrill™	280	11.1	11.0	34.1
McSpicy™ Chicken	488	22.0	23.0	48.0
BIG Spicy Chicken Wrap	655	26.0	25.0	58.0
Nuggets				
4 piece Chicken McNuggets®	194	10.6	11.9	11.1
6 piece Chicken McNuggets®	291	15.8	17.9	16.7
9 piece Chicken McNuggets®	436	23.8	26.8	25.1
Veg. Options				
McVeggie™	465	11.9	23.9	50.6
McAloo Tikki™	337	8.2	13.6	45.5
Veg. Pizza McPuff™	206	4.7	12.1	19.6
McSpicy™ Paneer	740	26.0	47.0	53.0
BIG Spicy Paneer Wrap	828	29.0	52.0	61.0
Finger Foods				
Regular Fries	319	4.5	15.5	40.5
Medium Fries	452	6.4	22.0	57.4
Large Fries	638	9.0	31.0	81.0
Desserts				
McShakes™ Chocolate				
(Small)	270	6	6	48
(Medium)	390	8	9	70
(Large)	490	10	11	87
McShakes™ Strawberry				
(Small)	250	5	6	44
(Medium)	360	7	8	64
(Large)	450	9	10	80
Soft Serve-Chocolate				
(Small)	160	3	5	27
(Medium)	260	5	8	43
Soft Serve-Strawberry				
(Small)	130	2	3	25
(Medium)	200	3	3	40
Soft Serve Cone	110	2	3	19
McSwirl™ Chocolate	190	3	8	25
McSwirl™ Butterscotch	200	4	9	27
Flavor twist				
(Green Apple)	150	3	4	27
(Tropical Orange)	150	3	4	27
(Raspberry)	150	3	4	27
Chocolate Brownie Soft Serve				
(Small)	182	3	4	34
(Medium)	297	5	7	55

Menu item	Energy (kCal)	Protein (g)	Total fat (g)	Carbohydrate (g)
Condiments				
Ketchup	15	0.2	0.0	3.5
BBQ Dip Sauce	46	0.2	0.3	10.6
Mustard Dip Sauce	76	0.4	5.3	7.3
Schezwan Dip Sauce	191	2	6.8	30.5
Cheese Slice	52	3	4	1
Chilli Sauce	9	0	0	2
Breakfast Menu				
Egg & Cheese McMuffin™	306	13	15	30
Sausage McMuffin™	286	15	11	31
Sausage & Egg McMuffin™	371	21	18	32
Veg. Options				
Veg. Supreme McMuffin™	364	10.5	17.4	41.6
Veg. McMuffin™	308	10	12	41
Hotcakes with Maple Syrup	312	5	8	56
Hashbrown	147	2	8	16
Cold Beverages				
Coke™				
(Small)	132	0	0	33
(Medium)	176	0	0	44
(Large)	220	0	0	55
Diet Coke™				
(Small)	1	0	0	0
(Medium)	1	0	0	0
(Large)	1	0	0	0
Sprite™				
(Small)	144	0	0	36
(Medium)	192	0	0	48
(Large)	240	0	0	60
Fanta™				
(Small)	156	0	0	39
(Medium)	208	0	0	52
(Large)	260	0	0	65
Ice Tea				
(Small)	133	0	0	33
(Medium)	194	0	0	48
Cold Coffee	183	5	3	34
Minute Maid Pulpy Orange	168	0	0	42
Maaza Mango	108	0	0	27
Hot Beverages				
Hot Tea	57	1	1	11
Cappuccino	81	4	2	12
Café Mocha	80	4	2	12
Espresso Black	21	1	1	2
Hot Chocolate	141	7	3	21

*The nutrition information is based on average data from standard product formulations and scientific food analysis. Actual serving size and nutrient value may vary due to analytical methods, assembling, formulation changes or natural variation of raw materials. This information is correct as of August 2011. Some menu items may not be available at restaurants. Test or newly introduced products and regional items are not included here. For more details on products available at McDonald's in India log on to www.mcdonaldsindia.net